

# COMMUNITY MEDICAL OUTREACH (BAKSOS)

**KAMPUNG MADUTULONG, KAMBATA  
BUNDUNG VILLAGE – 1 AUGUST 2026**



**FAIR FUTURE  
FOUNDATION**

kawan



baik



# About Kawan Baik

Kawan Baik Indonesia is a non-governmental organization (NGO) officially registered in Denpasar, Bali, on September 9, 2019, under registration number AHU-AHA.01.06-0050472. Our mission is to promote social development, emphasizing education and healthcare initiatives in underserved regions throughout Indonesia.

Our vision is to cultivate a healthier and more intelligent generation in underserved regions by offering vital educational opportunities and healthcare services. We are committed to ensuring that every individual has the chance to develop, flourish, and contribute to their community.

To realize this vision, our initiatives concentrate on:

#1

**Water and  
Sanitation  
Initiative**

#2

**Healthcare and  
Medical Support**

#3

**Food Safety and  
Nutrition**

#4

**Educational  
Empowerment**

#5

**Community  
Advancement**

## Our Team



**Kawan Ayu**  
Director



**Kawan Ino**  
Field Coordinator



**Kawan Annisa**  
Human Resources  
and Administration



**Kawan Niluh**  
Financial Director



**Kawan Elthon**  
Photographer



**Kawan Primus**  
Personnel Technology



**Kawan Yosa**  
Web Developer



**Kawan Santi**  
Treasurer & Administration



**Kawan Erwin**  
Primary Medical Care  
Project Manager



## Background

Madutolung Hamlet, Kambata Bundung Village, Kahaungu Eti District, East Sumba Regency, is among the regions that commenced receiving support through the Primary Medical Care (PMC) Program – Kawan Sehat in 2026. This initiative has enabled the Kawan Baik Indonesia Foundation to train Kawan Sehat Agents from the local community, equipping them to deliver first aid, Primary health services, education on Clean and Healthy Living Behavior (PHBS), and guidance on the use of essential medications.

Following the commencement of the service, community enthusiasm surged. Within approximately ten days, the complete inventory of essential medications supplied to Kawan Sehat agents was depleted. This underscores the significant public demand for healthcare services, while access to community health centers continues to be constrained by considerable distances and challenging road conditions.

In addition to restricted access to healthcare services, public awareness regarding healthy living (PHBS), the prevention of infectious diseases, and the significance of early disease detection requires enhancement. Consequently, numerous health issues are addressed too late, increasing the risk of progression into more severe conditions.

As a follow-up, the Kawan Baik Indonesia Foundation, in partnership with the Fair Future Foundation, will conduct a health outreach program on Saturday, August 1, 2026, in Kampung Madu Tolung. This initiative will feature complimentary health assessments conducted by medical professionals, the distribution of prescribed medications, and educational sessions on healthy living (PHBS) and the prevention of infectious diseases for the community.

This event, taking place on Swiss National Day, exemplifies a humanitarian partnership between the Fair Future Foundation and the Kawan Baik Indonesia Foundation aimed at enhancing access to healthcare services for communities in remote regions. This initiative is anticipated to deliver essential healthcare services, promote awareness of healthy living, and reinforce the role of Kawan Sehat Agents as the frontline of community-based healthcare services in East Sumba.

# Advantages of Engagements

- Enhance public accessibility to complimentary basic health check-up services.
- Identify health issues promptly to facilitate more rapid treatment.
- Enhancing public awareness of Clean and Healthy Living Behavior (PHBS) and mitigating the spread of infectious diseases.
- Enhancing the role of Healthy Friend Agents in bolstering community-based health services.
- Enhancing collaboration between the Kawan Baik Indonesia Foundation and the Fair Future Foundation to elevate the quality of public health in remote regions.

## Activity Objectives and Deliverables

- A total of 100 residents from Madu Tolung Village have undergone complimentary general health check-ups, serving as a preliminary measure for the detection and prevention of potential diseases.
- A total of 100 residents have participated in educational sessions on Clean and Healthy Living Behavior (PHBS) and fundamental information regarding infectious diseases, aimed at enhancing public awareness and knowledge in preserving their health and that of their environment.

## Form and Scope of Activities

- The Health Social Service event is scheduled for Saturday, August 1, 2026, in Madu Tolung Village, Kambata Bundung Village, Kahaungu Eti District, East Sumba Regency, featuring the following series of activities:
- Participant Enrollment
- Data collection and documentation of the identities of participants involved in activities.
- Complimentary Health Assessment
- Comprehensive health assessments conducted by physicians and nurses, encompassing medical consultations, monitoring of vital signs, and the administration of medication in accordance with medical directives.
- Health Education
- Counseling on Clean and Healthy Living Behavior (PHBS), the prevention of infectious diseases, and the significance of early disease detection through engaging and comprehensible material delivery.
- Documentation and Assessment
- Documentation of activities and the recording of beneficiary numbers serve as essential materials for evaluation and reporting to partners and donors.

# Time and Location

- Saturday, August 1, 2026 - 10:00 AM until completion.
- Tolung Honey Village, Kambata Bundung Village, Kahaungu Eti District, East Sumba

# Implementation Team

- Logistics, Registration, and Documentation: 5 individuals
- Medical personnel: eight individuals
- PHBS, Malaria, and HIV/AIDS Education Volunteers: 4 individuals
- **Total: 16 individuals**

# Financial Plan:

We have included a summary of the financial projections for the activity.

| ACTIVITY OVERVIEW                                                                                                                      | COST                  |
|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| Collaboration with Local Communities                                                                                                   | IDR 1,900,000         |
| Procurement of Pharmaceuticals and Health Assessments for 100 Patients, encompassing Blood Sugar, Cholesterol, Uric Acid, Malaria, and | IDR 12,135,000        |
| Clean and Healthy Lifestyle Practices and Malaria Initiative                                                                           | IDR 200,000           |
| Reporting, Documentation, and Publication                                                                                              | IDR 1,500,000         |
| <b>TOTAL</b>                                                                                                                           | <b>IDR 15,735,000</b> |

# Closing

The community service health checkup in Kambata Bundung Village exemplifies our collective commitment to addressing public health concerns. We assert that direct assessments and relevant education can enhance awareness regarding the significance of health maintenance and the adoption of preventative measures.

We encourage collaboration and invite support from diverse stakeholders to ensure the successful execution of this project, which aims to create a meaningful impact on the residents of Madu Tolung Village. We appreciate your attention and cooperation.

# List of Medicines

| No. | Medicines / Equipments          | No. | Medicines / Equipments           |
|-----|---------------------------------|-----|----------------------------------|
| 1   | MEFENAMIC ACID 20 Tablets       | 26  | CAPTOPRIL 25MG 140 Tablet        |
| 2   | NATRIUM DICLOFENAC 100 Tablets  | 27  | METHYLPREDNOSOLONE 40 Tablet     |
| 3   | PIROXICAM 120 Tablet            | 28  | METHYLPREDNOSOLONE 100 Tablet    |
| 4   | DOMPERIDONE 190 Tablet          | 29  | ACETYLCYSTEINE 100 Capsules      |
| 5   | KETOCONAZOLE 120 Tablet         | 30  | AMBROXOL 280 Tablet              |
| 6   | CETIRIZINE HC 240 Tablet        | 31  | OBH SURYA 100ML 22 Syrup         |
| 7   | CTM 80 Tablet                   | 32  | ALLOPURINOL 180 Tablet           |
| 8   | LORATADINE 70 Tablets           | 33  | SALBUTAMOL 4MG 170 Tablet        |
| 9   | AMOXICILLIN 240 Tablet          | 34  | SALBUTAMOL 2 MG 65 Tablet        |
| 10  | CEFADROXIL 40 Tablet            | 35  | VITAMIN B1 200 Tablet            |
| 11  | CEFIXIME 30 Tablet              | 36  | DEMACOLIN 410 Tablet             |
| 12  | CIPROFLOXACIN 150 Tablet        | 37  | IBUPROFEN 400 220 Tablet         |
| 13  | COTRIMOXAZOLE 480mg 184 Tablet  | 38  | PARACETAMOL 270 Caplets          |
| 14  | BETAMETASONE 18 Ointment        | 39  | SANMOL 244 Tablet                |
| 15  | SCABIMATE 2 Salep               | 40  | KETOCONAZOLE 20 Ointment         |
| 16  | PERMETHRIN CREAM 5% 38 Ointment | 41  | GENTAMICIN 20 Ointment           |
| 17  | METFORMIN 140 Tablet            | 42  | HYDROCORTISONE 1% 20 Salep       |
| 18  | SIMVASTATIN 110 Tablet          | 43  | NORIT 1320 Tablet                |
| 19  | ANTACID 374 Tablets             | 44  | PROMEDEX 220 Tablet              |
| 20  | ORS 50 Powder                   | 45  | TREMENZA 180 Tablet              |
| 21  | ENTROSTOP 60 Tablet             | 46  | GUAIFENESIN / GG 360 Tablet      |
| 22  | ZINK 400 Tablet                 | 47  | CAVIPLEX 180 Caplets             |
| 23  | AMLODIPINE 5MG 110 Tablets      | 48  | INSTO 24 Tetes Mata              |
| 24  | AMLODIPINE 10MG 130 Tablets     | 49  | KASA STERIL (16 pcs) 16x16 3 Box |
| 25  | CAPTOPRIL 12,5MG 60 Tablet      | 50  | MEDICAL MASK (50 sheets) 1 Box   |



**The Primary Medical Care Project significantly contributes to the attainment of the Sustainable Development Goals, emphasizing health, education, gender equality, and effective partnerships.**



Basic Medical Care significantly enhances health outcomes in rural East Sumba. By training non-medical personnel and facilitating access to essential medical equipment, the initiative aids in decreasing mortality from preventable diseases and guarantees that communities receive fundamental medical care. This fortifies the local health system and elevates the overall well-being of the community.



Basic Medical Care not only offers medical training but also creates educational materials, including the Healthy Friend Book, designed to impart healthy living practices from an early age. Through health education and campaigns, the initiative enhances public knowledge and awareness regarding the significance of health, ensuring that the information disseminated is accessible to all demographics, particularly children.



This project aims to engage women as Kawan Sehat Agents and in health campaigns, empowering them to assume leadership roles within their communities. By ensuring equal access for both women and men to participate in training and decision-making, the project fosters gender equality and strengthens women's contributions to health.



The success of the PMC is significantly dependent on robust partnerships among diverse stakeholders, including local government entities, community health centers (Puskesmas), and organizations such as the Kawan Baik Indonesia Foundation and the Fair Future Foundation. This collaboration guarantees that the project receives the essential support for sustainability and delivers a lasting impact on the community. Furthermore, it establishes a model that can be replicated in other regions encountering comparable challenges.

# PRIMARY HEALTHCARE

## ASSIST THEM IN ACHIEVING IMPROVED HEALTH!

Your involvement in this project can create a significant impact; your contribution reflects your dedication to assisting us in delivering essential healthcare access to underserved communities.



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For additional information regarding this  
project, please scan here:

