

# TAKE CARE OF YOURSELF AND YOUR ENVIRONMENT

TO PROTECT AGAINST MALARIA MOSQUITOES

TAKE CARE OF YOURSELF

#ZERO  
MALARIA  
EAST SUMBA

Use insecticide-treated nets

Use mosquito repellent

Don't hang clothes inside the house

Wear long sleeves clothes

Clear the bushes and weeds around you

Close the basin or water container

Keep livestock pens away from the house

Drain the stagnant water

AND YOUR ENVIRONMENT