Compiled by the Kawan Baik Indonesia and Fair Future Foundation Illustration by Bayu Bhargawa

This book is dedicated to Sumba's Kids

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## Theme

"Kawan Sehat" Characters Let's take a shower

Let's get rid of the lice

Cleaning ears

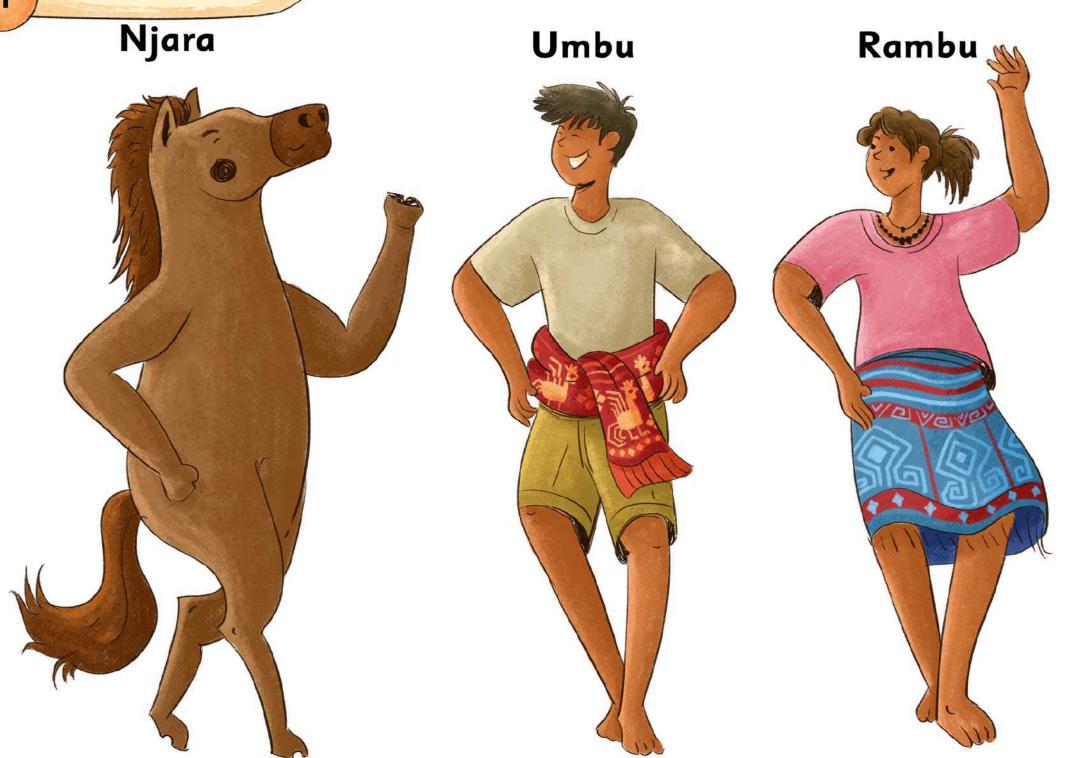
Brushing teeth Trimming fingernails Eating and drinking well Gardening is healthy Benefits of eating Veggie Take care of wounds "Pahappa" the tradition The Harms of Cigarette Smoke My Body, My Rules Kawan Sehat!



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We are "Kawan Sehat" Healthy Friends	



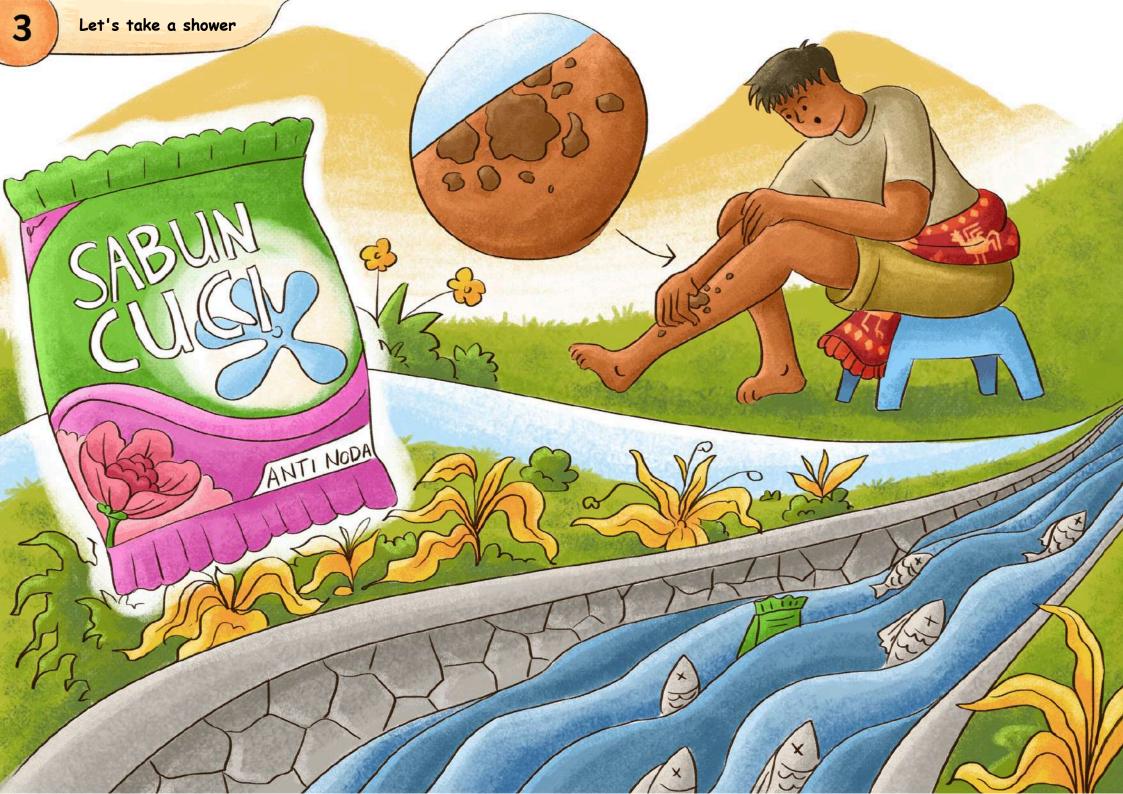


Howdy, Umbu! It's time to get fresh and clean. I've got some detergents for you!

> Hey Njara, Thanks for the offer, but I'm more of a soap and shampoo person. Let's keep the detergent just for our laundry, deal?

Let's take a shower

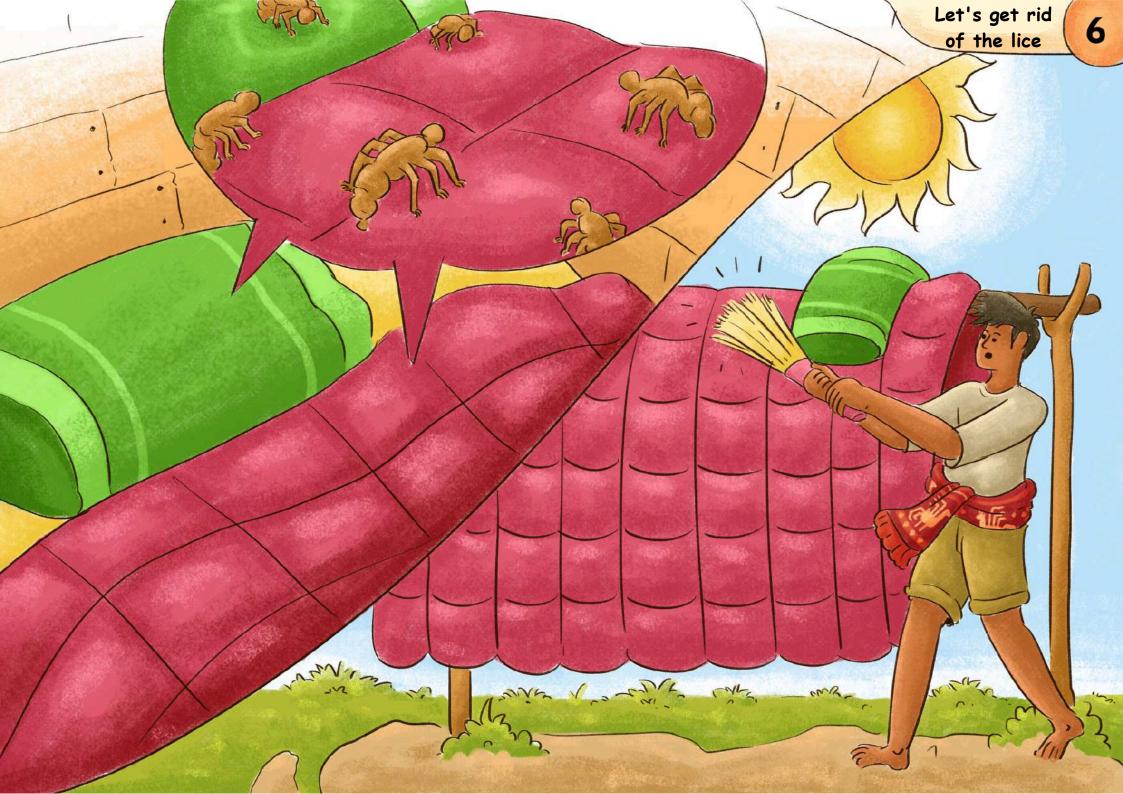
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Let's get rid 4 Njara, what's the of the lice tail-wagging obsession about? My body seems to be a playground for fleas and flies! 0 NEI al M 2 If you keep your hair clean and brushed, lice will not like the smell and will be less likely to make themselves at home.

Don't allow lice to make themselves too comfortable.





I'm over the moon! My body is in a lie-free zone now!

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Let's get rid

of the lice

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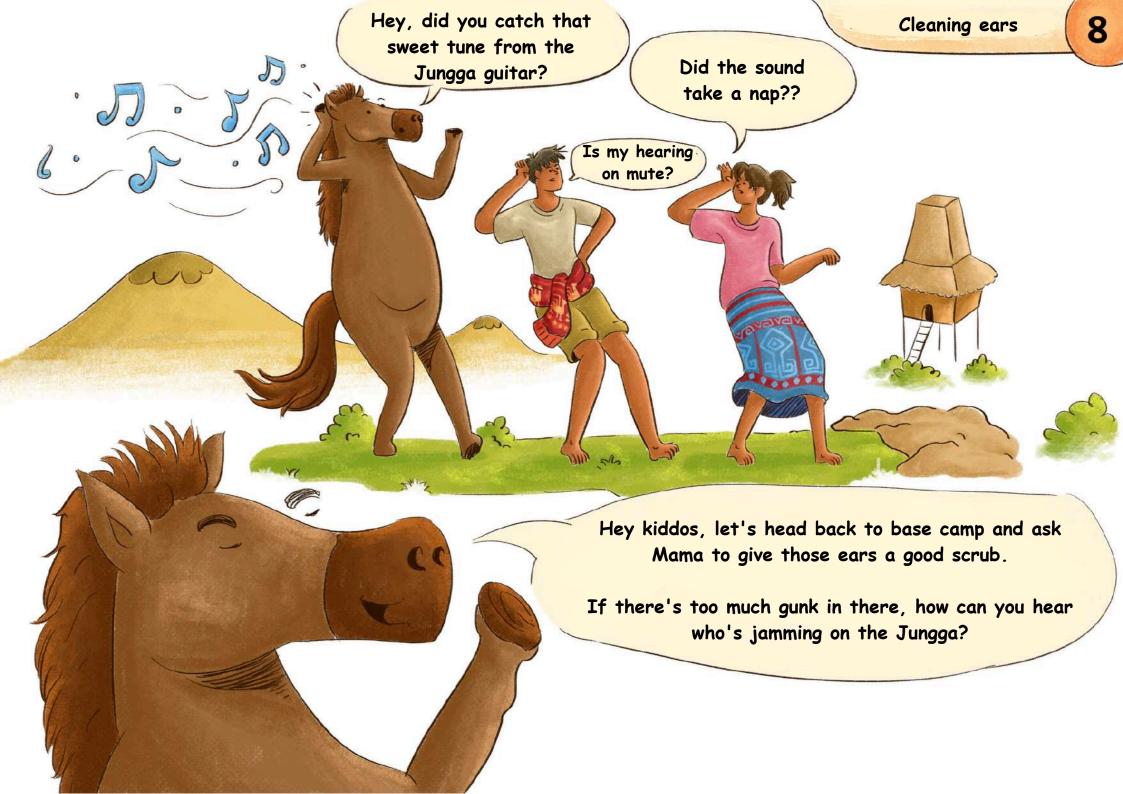
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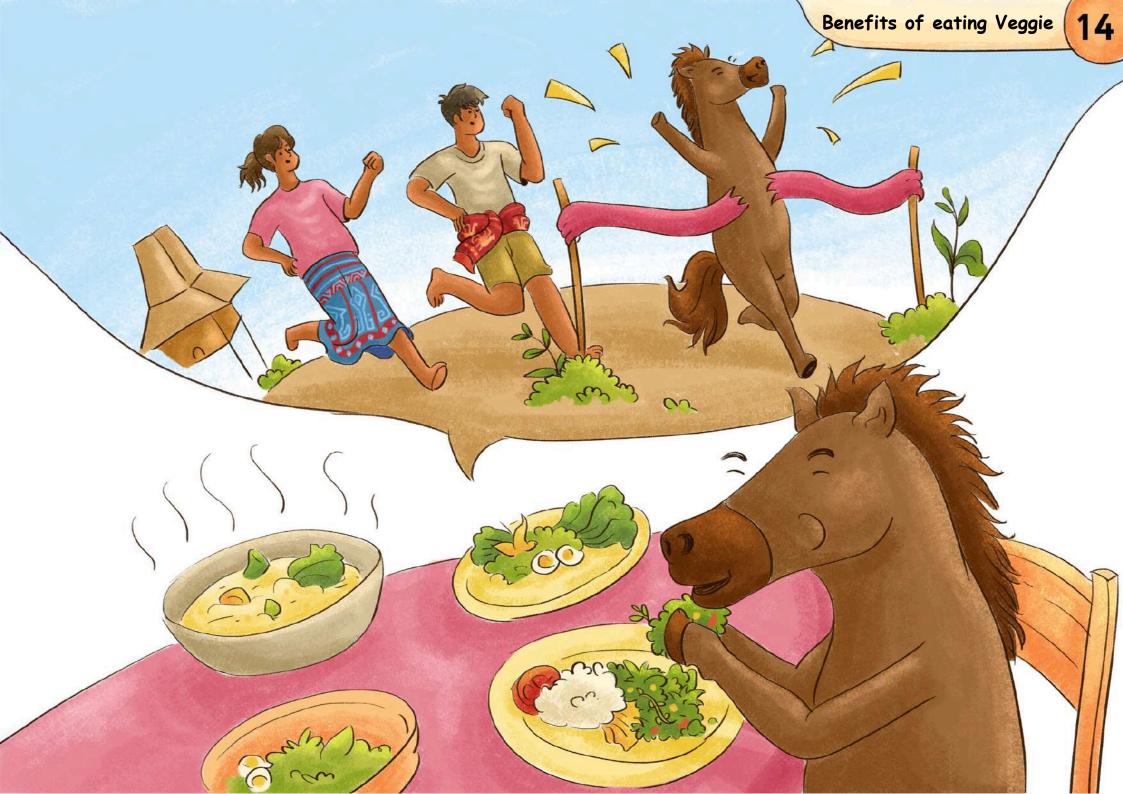


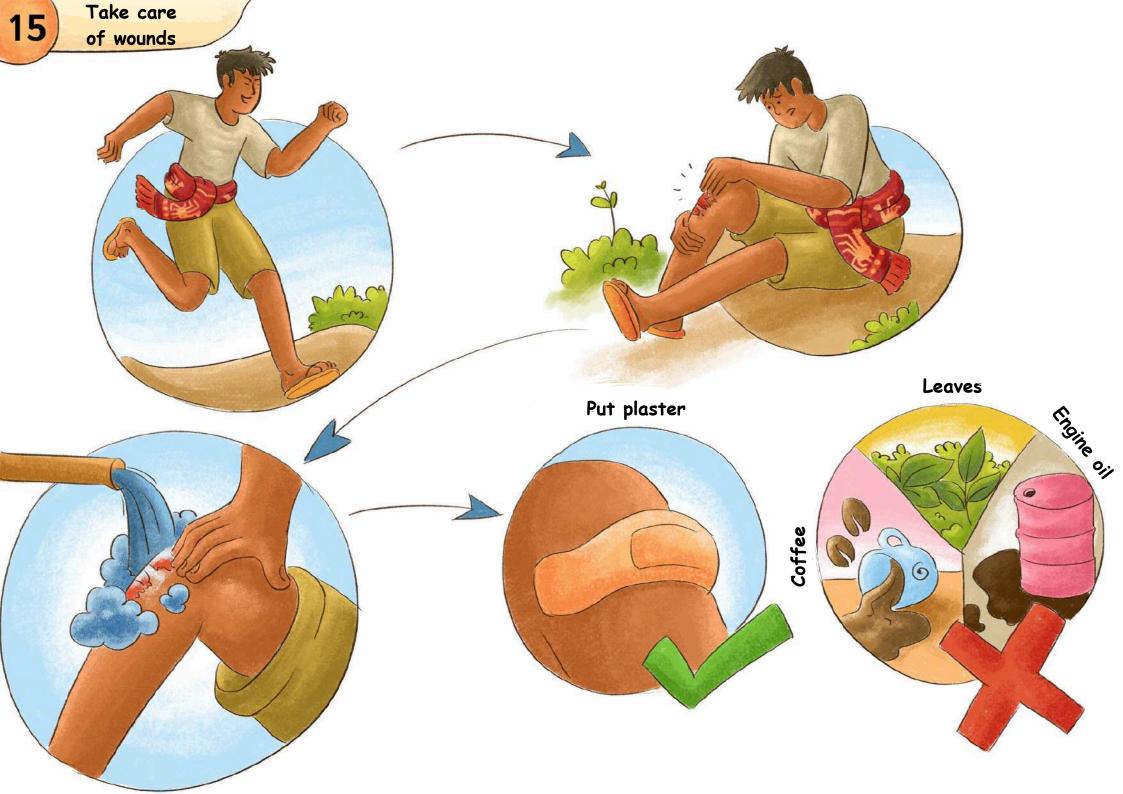




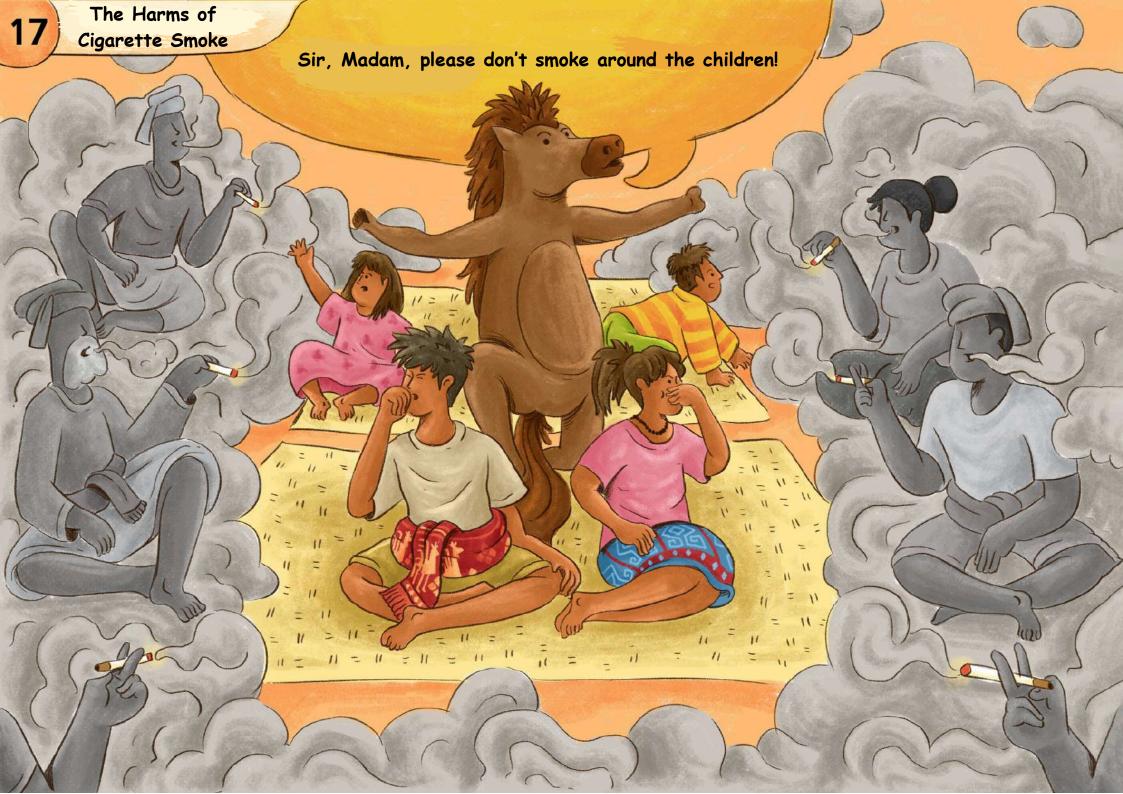


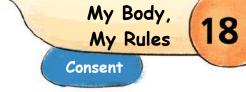


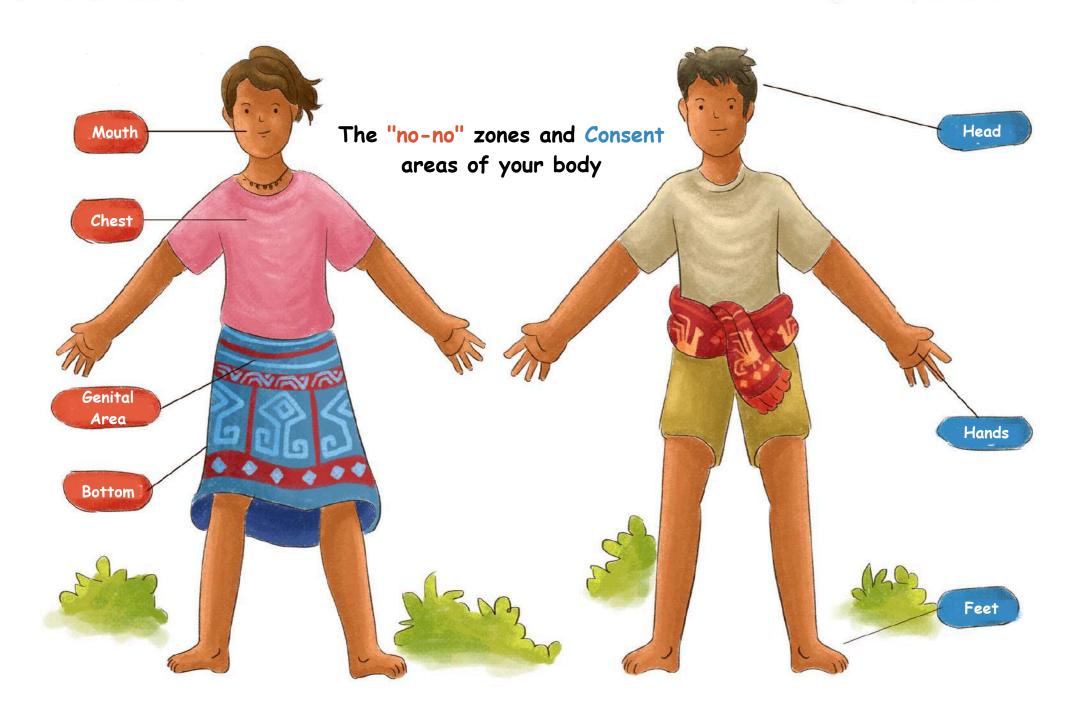












Children who take charge of their hygiene and cleanliness can help create a healthy and inviting environment for the entire group

