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# Primary Medical Care

REFILLING OF MEDICATIONS AND EVALUATION  
OF CASES FOR KAWAN SEHAT AGENTS

**ROUND 2**

**NOVEMBER 2023 - JANUARY 2024**



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# INTRODUCTION

Kawan Sehat Indonesia is dedicated to enhancing healthcare services in rural communities across Eastern Indonesia. In line with our commitment, we propose a series of activities to augment the efficiency, accessibility, and quality of healthcare services provided by Kawan Sehat Agents.

The initial training was conducted in 2022 with 50 participants to enrich the knowledge and skills of non-professional healthcare providers in delivering Primary Medical Care to individuals in their local communities or for most teachers where they teach.

In April 2023, our team visited five sub-districts to conduct the first refills and evaluations. During the monitoring process, we encountered cases that piqued our interest, prompting a deeper exploration of patient progress and the community's living conditions. The last place to make the first assessment round, held at Charis School, provided a digital platforms to discuss the challenges faced and the cases successfully addressed by the Kawan Sehat Agents.



These subsequent activities, or Round II, encompass:

1. Refilling medications in their first aid kits,
2. Providing essential medical teams and supplies in Rumah Kambera,
3. Evaluating and treating cases, and
4. Introducing digital platforms for efficient record-keeping.



# OBJECTIVES

## Refills

### Refilling Medications in the Kawan Sehat Agent's First Aid Kit:

Ensuring that Kawan Sehat Agents' first aid kits are consistently supplied with essential medications.

## Medical Team and Supply

### Provision of Medical Team (Health Service Assistance) and Medical Supplies for Health Service

**Activities:** Providing assistance in the form of a medical team and essential medical supplies to facilitate healthcare service activities.



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## Evaluation

### **Evaluation and Treatment of Cases by the Medical Team from the Foundation:**

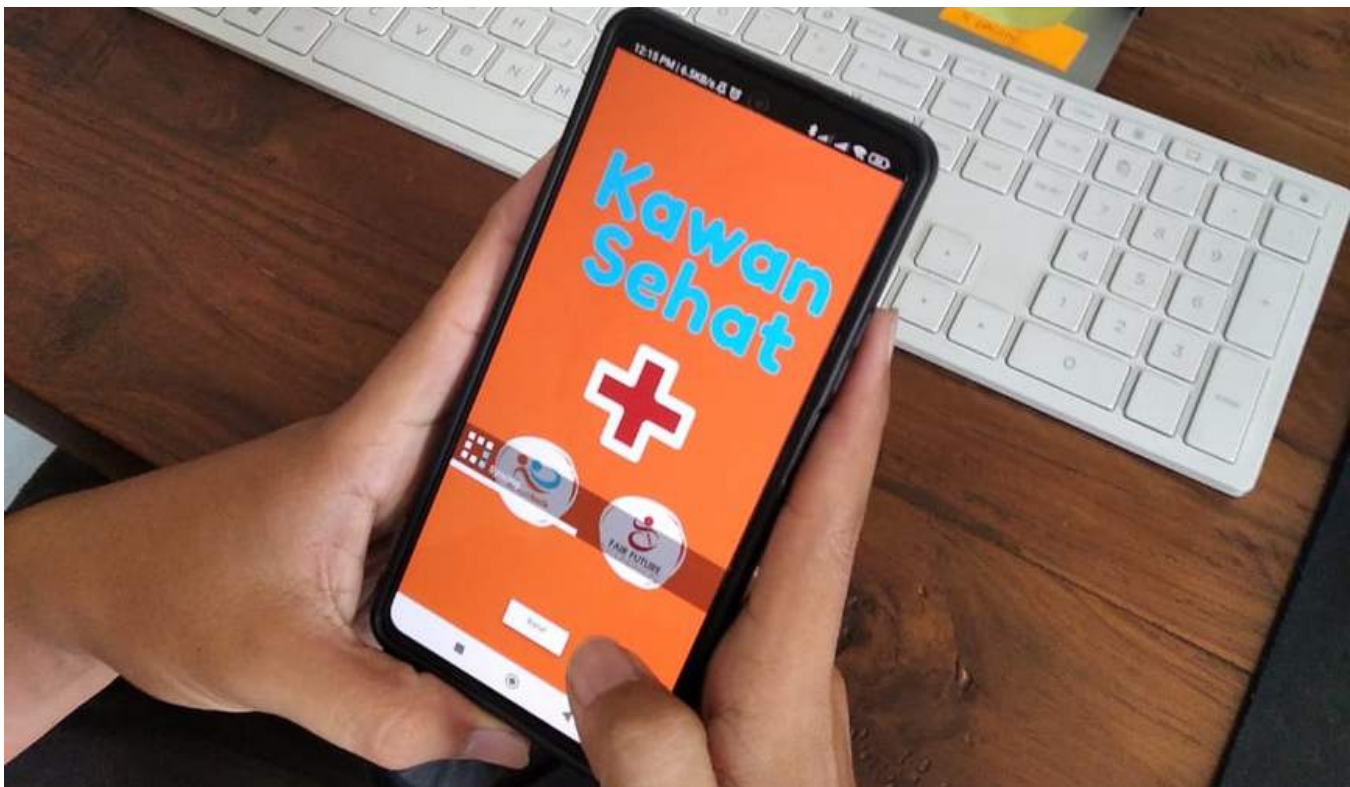
Assessing and providing medical care for cases managed by Kawan Sehat Agents, with the support of the Foundation's medical team.

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## Digital Platforms Support

### **Development and Testing of Digital Platforms for Case Recording and Drug Usage Reporting:**

Exploring the development and trial of digital platforms designed to record cases and report medication usage.



# GOALS

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## REFILLS

Refilling first aid kits is crucial for Kawan Sehat Agents to provide prompt and essential medical assistance, addressing common health concerns and injuries in the communities they serve.

## MEDICAL TEAM AND SUPPLY

Deploying a medical team and medical supplies is crucial in improving healthcare services as it enables prompt and comprehensive healthcare delivery, addressing a wide range of medical needs and contributing to the overall well-being of communities.

## EVALUATION

The Foundation's medical team provides comprehensive assessment and treatment plans for health issues managed by Sehat Kawan Agents, ensuring improved healthcare quality and effectiveness through a collaborative approach.

## DIGITAL PLATFORMS

Digital platforms can streamline medical case recording and medication reporting, increasing data management efficiency and accuracy in healthcare. These tools enhance patient care, making the process more organized, accessible, and time-efficient. It's important to test the digital platforms thoroughly before implementation to resolve any issues.



# TIMELINE



The planned timeline spans three months, commencing in November 2023 and concluding in January 2024.

During this period, all activities related to the project will be implemented. This structured timeline allows for a comprehensive and focused execution of various tasks, including preparation, assessment, refilling of medical kits, provision of medical teams and supplies, case evaluation, and introduction of a digital platforms.





# PROPOSED BUDGET

Project and Initiative	Value	Percentage
First Aid Kit Refills for 50 box	IDR36.705.000	17.8%
Medical Team Assistance (doctor and nurse) and Medicines Supply in Rumah Kambera	IDR 27.193.530	13.2%
Evaluation - Visiting and meeting to the villages with 50 Kawan Sehat Agents	IDR 87.977.500	42.9%
Providing a digital platforms for Cases and Medicine Stock recording	IDR24.050.000	11.7%
Operational Project	IDR29.705.000	14.4%
<b>TOTAL</b>	<b>IDR205.631.030</b>	<b>100%</b>

# FIRST AID BOX

Here is the list of medicines and tools typically found in the first aid kit of a Kawan Sehat Agent:

1. Sterile Gauze 16x16
2. Hansaplast Spray 50ml
3. Hansaplast Adhesive Strips
4. Hansaplast Circular Plaster Roll
5. Alcohol 100ml
6. Eucalyptus Oil 60ml
7. Insto - Regular eye drop
8. Caviplex - Vitamin
9. Cetirizine - Anti Allergy
10. Norit - Anti Diarrhea
11. Ketoconazole Cream 10g - Anti-Fungal Cream
12. Hydrocortisone Cream 1%
13. Paracetamol Tablets - Adult Paracetamol
14. Guaifenesin Tablets - Adult Cough Medicine -
15. Ibuprofen
16. Demacolin - Adult Flu Medicine
17. Tremenza Tablets - Child Flu Medicine
18. Coparcetin Tablets - Child Cough Medicine
19. Sanmol Tablets - Child Paracetamol
20. Promedex Tablets - Child Cough Medicine
21. Gentamicin Cream
22. Aloe Vera Gel
23. Petroleum Jelly

These items are typically included to provide Primary Medical Care and address common health issues.



# THE MEDICAL TEAM

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## Alex Wettstein

Alexandre is a Swiss national with nearly two decades of dedicated service in Indonesia. He brings a wealth of medical expertise, specializing as an emergency doctor. Alex's remarkable journey began as a nurse, where he honed his skills and gained invaluable experience in emergency care.

What truly sets him apart is his extensive background working "outside the box" of traditional hospital settings. For many years, he has been at the forefront of emergency medical response on the frontlines, actively involved in various critical roles. From the high-stress environment of ambulances to the skies where life hangs in the balance, he's been a steady hand in helicopters, ensuring that those in dire need receive timely and proficient medical attention.

His work has extended beyond medical facilities, reaching the heart of communities through the expertise of emergency medical technicians, commonly known as paramedics. Alexandre's enduring commitment to saving lives and providing critical care has left an indelible mark on the field of emergency medicine.



## dr. Meirlin Rambu Kaita Riwa

I'm Dr. Meirlin Rambu Kaita Riwa, though most people call me Narny. My roots trace back to the enchanting land of East Sumba, nestled in the heart of East Nusa Tenggara Province.

I currently serve as a general practitioner at the Mahu Community Health Center in the rural village of Wairara, within the Mahu sub-district. My calling as a rural healthcare provider in East Sumba has ignited a passion within me to champion the well-being of our community.

Despite the distance from bustling city life, my true happiness emanates from the radiant smiles of the patients I am privileged to serve. Witnessing them receive the quality healthcare they deserve fuels my unwavering commitment to making a difference in their lives.

# CONCLUSION

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We primarily aim to create a lasting and meaningful impact within rural communities through our commitment to this project.

Our mission is twofold: first, to ensure that healthcare services are accessible to all, and second, to enhance the quality of these services. By providing essential medical resources, supporting healthcare facilities, and implementing digital solutions for efficient record-keeping, we seek to empower Kawan Sehat agents to deliver primary medical care effectively.

However, we recognize that achieving these objectives is a collaborative endeavor. The active participation of partners and contributors is pivotal to the success of this project. Their involvement serves as a cornerstone, enabling us to reach more people and improve the health and well-being of underserved populations.

Together, we can make a tangible and positive difference, ensuring that essential healthcare reaches those who need it the most, ultimately leading to healthier and more resilient communities.





# JOIN US IN THIS PROJECT!

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By joining in on this project, you'll become a "Good Friend" and earn a spot on our project's website.

We value your trust and support and will let you know about the project's progress through our newsletter.

**Join us in making a significant impact!**

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**More Information  
about the project, scan here:**

